

Wound Management- PODIATRY

Link to Cornwall Formulary: - <https://www.eclipsesolutions.org/cornwall/>

Podiatry: **01209 318093** liza.downing@nhs.net victoria.gill@nhs.net

Cornwall Community Tissue Viability team: tissue.viabilitycornwall@nhs.net Tel 01208 834371

NHS Cornwall and Isles of Scilly Intergrated Care Board Prescribing: ciosicb.prescribing@nhs.net

NECROTIC		
Hydrogel	ActivHeal Hydrogel	Use to hydrate dry wounds.

INFECTED/COLONISED		
Antimicrobial Primary Silver Dressing	Aquacel Ag+ Extra	Broad-spectrum antimicrobial and anti-biofilm. Can be used on wet wounds. Can be left in place up to 7 days. Use 2-3 weeks then review wound.
Antibacterial	Flaminal Hydro (blue)	For dry wounds.
	Flaminal Forte (yellow)	For wet wounds.
Cadaxomer iodine	Iodoflex	
Iodine Tulle	Inadine	Management of infection in ulcers; should not be used where there is a known iodine hypersensitivity. Change if turns white as may dry and plug wound bed or if becomes wet.
Topical antimicrobial irrigation	Prontosan solution 350ml	Apply soaked gauze to the wound and leave in situ for 10 minutes.
	Prontosan gel 30ml	

SLOUGHY		
Protease Modulating Matrix	Aquacel Extra	Wear time- 3-7 days depending on exudate.
Protease Inhibitor	Urgostart Plus Pad	Poly absorbent fibre pad containing TLC-NOSF. For all wound healing stages. Do not use on bleeding wounds.
Hydro-responsive Wound Dressing	Hydroclean Advance	Suitable to treat dry necrotic to wet sloughy wounds, removes devitalised tissue and contributes significantly to wound bed preparation. Available in cavity variant as well.
Biotherapy	Larvae - Maggots	RCHT order from pharmacy.

EPITHELIALISING		
Adhesive Island	Cosmopore	Not waterproof.

GRANULATING

Non-adherent	Atrauman	Use where contact layer requires changing 3-4 times weekly.
	Telfa	Absorbent, perforated plastic film faced dressing.
Protease Inhibitor	Urgostart	Soft absorbent foam containing protease inhibitor (TLC-NOSF). NICE evidence supports use to treat DFUs. Do not use infected / critically colonised wounds.
Non-Adhesive Foam	Advasorb	Hydrophilic foam. Low to highly exuding wounds. Do not use on bleeding or arterial wounds.
	UrigoTul Absorb	First line skin tear dressing. Not to be applied daily, maximum 3-4 dressings per week.
Soft Adhesive Foam	Biatain Soft Hold	Light to moderate exudates.

MISCELLANEOUS

Barrier	Medi Derma-S Barrier Film 1ml and 3ml	Prevents maceration and for general skin protection. Ensure correct application. One application stick lasts 72 hours. DO NOT OVER APPLY.
Topical Negative Pressure Therapy	VAC	Diabetic Specialist Podiatrist use only.
Wound Irrigation	Clinipod Irripod	
Absorbent Cellulose Dressing	Zetuvit (sterile)	An absorbent cellulose pad for lightly exuding wounds.
	Zetuvit Plus	Superabsorbent dressing that contains a blend of cellulose fluff and fluid-retaining superabsorbent particles. Water-repellent and air permeable. Soft consistency for a cushioning effect. Suitable for use under compression.
Surgical Tape	Mefix	Dressing and bandage retention.
Bleeding wounds	Kaltostat	To aid the cessation of bleeding in wounds – nail surgery use only.
Contact Layer	Jelonet Paraffin Dressing	For use in nail surgery.

BANDAGES

Crepe Bandage	Crepe bandage	
Stockinette	Acti-Fast blue-7.5cm Acti-Fast yellow-10.75cm	
Padding	K-Soft	
	Profore #1	For use only when allergic to K-Soft.