

Product Choices 2023

Further guidance can be found on the <a href="#">Cornwall Formulary</a> The Bladder & Bowel Specialist Service is available for advice on 01726 873095								
	MANUFACTURER	APPLIANCE				PACK SIZE		
COMPLETE SET	Ugo 4 Week set	4-week supply of catheter drainage and fixation devices	4 x leg bags short or long tube with slide or lever tap, 28 x 2l night bags, hanger, 4 leg bag strap pairs and 4 x catheter clips			4 weeks		
LEG DRAINAGE BAGS	Clinisupplies	Prosys Leg Bag with lever tap and 1 pair of non-latex gloves	short tube		long tube	10		
			500ml	P500S-LT	P500L-LT			
		Prosys Bag with tap outlet, overnight connection tube and elasticated Velcro straps and 1 pair of non-latex gloves	short tube		long tube	10		
			350ml	P350S	P350L			
500ml	P500S	P500L						
			750ml	P750S	P750L			
NIGHT DRAINAGE BAGS	Clinisupplies	Prosys 2 litre drainage bag with 90cm inlet tube, non-return valve and single use twist off drainage outlet	PSU2			10		
TUBING & ACCESSORIES	Coloplast Ltd	Simpla G-Strap - adult abdominal	383001 383003			5		
	Flexicare medical Ltd	Leg bag straps (pairs); washable, anti-slip with Velcro fastening	00-0032C			10		
	Bard Ltd	Bard StatLock Foley Catheter Stabilisation Device	FOL0102DT			1		
	Prosys	Prosys leg bag sleeves	small (24-40cm)	382-4711		4		
		medium (36-50cm)	382-4729					
		large (40-65cm)	382-4737					
CATHETER MAINTENANCE SOLUTIONS	Bard Ltd	Optiflo G 3.23% Citric Acid	CSG50			50ml		
		Optiflo R 6.0% Citric Acid	CSR50			50ml		
		Optiflo S 0.9% Saline	CSS50			50ml		
<b>Note:</b> 1. Catheter maintenance solutions are not to be routinely used for blocked catheters or for prophylactic use. 2. Maximum treatment period of 1 month before review.								
SHEATH SYSTEMS	Coloplast Ltd	Conveen Optima (non-latex) self-sealing Urisheath	Diameter	Shorter length (30)	Standard Length (30)	30		
			21mm	22121	N/A			
			25mm	22125	22025			
			30mm	22130	22030			
			35mm	22135	22035			
			40mm	N/A	22040			
	Rochester Medical Ltd	Clear Advantage with Aloe silicone sheath			Style 1	Style 2	Style 3	30
			24mm	1243	2243	3243		
			28mm	1283	2283	3283		
			32mm	1323	2323	3323		
36mm			1363	2363	3363			
		40mm	1403	2403	3403			
INDWELLING URETHRAL & SUPRA-PUBIC CATHETERS	Bard Ltd	PTFE coated latex* -	Standard Male		D1265LV	1		
			Standard Female		D0169LV			
		Biocath Hydrogel Coated**	Standard male		D2265	1		
			Standard Female		D2269			
		Lubri-Sil Aquafil Hydrogel Coated Silicone with pre-filled syringe of sterile water	Standard male		D1758	1		
			Standard Female		D1761			
		Biocath Comprehensive Care Foley Tray #			Male (12-16)	Female (12-16)	10	
			S	D22655S	D22695S			
			M	D22655M	D22695M			
		Lubri-Sil Comprehensive Care Foley Tray #			Male (12-16)	Female (12-16)	10	
			S	D17585S12-16	D17615S12-16			
			M	D17585M12-16	D17615M12-16			
		Bardex I.C. Comprehensive Care Foley Tray #			Male (12-16)	Female (12-16)	10	
S			D23655S 12-16	D23695S 12-16				
M			D23655M 12-16	D23695M 12-16				
		L	D23655L 12-16	D23695L 12-16				
<b>Notes:</b> 10ml balloon only to be used 12ch for urethra 16ch for supra-pubic								
		<b>Note:</b> sterile water may need to be prescribed for balloon filling	# All-in-one kit that provides all the essential items required for catheterisation. Includes a pre-connected leg bag. Subsequent leg bags should be as per formulary or patient choice					
		* PTFE up to 4 weeks						
		** up to 12 weeks						
INTERMITTENT CATHETERS	Wellspect HealthCare	LoFric Origo with water-	Male (40cm)	10-16	4431025-4431625	30		
		LoFric Sense	Female (15cm)	8 - 14	4160825-4161425	30		

<b>INTERMITTENT CATHETERS</b>	Coloplast Ltd	Speedicath (pre-hydrated polyurethane)	Male Female	28408-2841 28508-28516	30
<b>CATHETER ACCESSORIES</b>	Cath-It	Cath-It Catheter Insertion/ Removal Pack	S/M M/L L/XL	908410 908420 908430	1
<b>ANAESTHETIC GEL FOR CATHETERISATION</b>	CliniMed Ltd	Instillagel 6mls for female urethra 11mls for male urethra	6ml 11ml		1
<b>CATHETER VALVES</b>	Proslys	Proslys Catheter Valve		386-3800	5
<b>BARRIER</b>	Proslys	Proslys Lever Catheter valve		PCV3942	5
	3M Health Care Ltd	Medi Derma-S barrier cream x 28g = 1 month supply For further information refer to skin care pathway		60628	1

## Continence - Top tips for prescribing products

### Catheters

- To ensure that the correct catheter is supplied prescriptions should always state the brand required.
- Prescriptions for intermittent self-catheterisation (ISC) can be hydrophilic (single use) or re-usable. It will not be unusual for a patient to require ISC several times a day depending on their post-void residual volumes. Always consider intermittent catheterisation as an alternative to indwelling catheter.
- Indwelling urinary catheters (urethral or suprapubic) are either short term (less than 4 weeks duration) or long term (can remain in-situ for up to 12 weeks). Prescriptions should consist of 2 catheters - one spare in case of replacement in the absence of a repeat prescription.
  - Length of catheters** - male: standard length; female: shorter length; paediatric: longer than female length but significantly smaller lumen size. It is critically important that a female length catheter is not inserted into a male urethra due to the risk of adverse events (see NPSA Rapid Response Report April 2009).
  - Catheter maintenance solutions** - should only be used where proactive catheter changes are not suitable to the patient. They are treatment preparations for dissolving encrustation only and should only be prescribed for 4 weeks, then reviewed. They are not to be used prophylactically or to attempt to unblock a non-draining catheter.
  - Lubricating gel** - catheterisation can be painful for both males and females. It is important that the urethra is prepared with a lubricating (or anaesthetic) gel before insertion of the catheter.
- Catheter valves** – these may not suit every patient and therefore appropriate selection of the patient is essential. A sterile valve can be attached to the catheter for 7 days. It should then be replaced.

### Leg bags

- For use with indwelling urinary catheters** - they are sterile equipment (until package opened) and should remain attached to the catheter for one week to avoid unnecessary breaks in the catheter drainage system. Should a catheter maintenance solution be clinically required, a new sterile bag must be used after each solution used.
- For use with sheaths** – a non-sterile device and the minimum use of the drainage bag is one week.
- Sample ports** - it is recommended that collection of urine samples for CSU is taken using an aseptic procedure via a needle-free port.

### Night bags

- For use with catheters and leg bags** - a 2 litre non-sterile, non-drainable bag connects to the drainable leg bag every night; it is disconnected and disposed of every morning. It is recommended that unless a patient is self-caring, they should use single-use night drainage bags. However, in a residential care setting, individual use drainage bags will always be necessary.

### Sheaths

- Correct sizing and fitting is essential for effective use. Sheaths will last a maximum of 24 hours and should then be replaced. A retracted penis may need fitting with a pubic pressure system.

### Further Information

It is acknowledged that there will be occasions when it is not in the patient's best interest to switch their product to one on the formulary. Patient choice should be maximised where possible.

For further clinical information and support, please refer to policies and guidelines, such as the 'Urinary Catheterisation in Adults' guideline, which is available on the documents library under Peninsula Community Health (PCH).

For information on product ranges, please refer to: [www.bladderandbowelfoundation.org/](http://www.bladderandbowelfoundation.org/); <http://www.disabledliving.co.uk/PromoCon/About>; or [www.continenceproductadvisor.org/](http://www.continenceproductadvisor.org/)