

CONTINENCE FORMULARY

Product List 2015/16
It is acknowledged that there will be occasions when it is not in the patient's best interest to switch their product to one on the formulary. However, please consider this when there is an opportunity to do so. For further clinical information and support, please refer to the policies and guidelines, such as the 'Urinary Catheterisation' guideline. Please phone the Bladder & Specialist Service via 01726 873095 as required.

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NOME CATHETERS										
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Continence

Top tips for prescribing products

Catheters

- In order to ensure that the correct catheter is supplied prescriptions should always state the brand required.
- Prescriptions for intermittent self-catheterisation (ISC) can be hydrophilic (single-use) or re-usable. It will not be unusual for a patient to require ISC several times a day depending on their post-void residual volumes. Always consider intermittent catheterisation as an alternative to indwelling catheter.
- Indwelling urinary catheters (urethral or suprapubic) are either short term (less than 4 weeks duration) or long term (can remain in-situ for up to 12 weeks). Prescriptions should consist of 2 catheters one spare in case of replacement in the absence of a repeat prescription.
- Length of catheters male: standard length; female: shorter length; paediatric: longer than female length but significantly smaller lumen size. It is <u>critically important</u> that a female length catheter is not inserted into a male urethra due to the risk of adverse events (see NPSA Rapid Response Report April 2009).
- Catheter maintenance solutions should only to be used where proactive catheter changes are not suitable to the patient. They are treatment preparations for dissolving encrustation only and should only be prescribed for 4 weeks, then reviewed. They are not to be used prophylactically or be used to attempt to unblock a non-draining catheter.
- **Lubricating gel** catheterisation can be painful for both males and females. It is important that the urethra is prepared with a lubricating (or anaesthetic) gel before insertion of the catheter.
- Catheter valves these may not suit every patient and therefore appropriate selection of the patient is essential. A sterile valve can be attached to the catheter for 7 days. It should then be replaced.

Leg bags

- For use with indwelling urinary catheters they are sterile equipment (until package opened) and should remain attached to the
 catheter for one week to avoid unnecessary breaks in the catheter drainage system. Should a catheter maintenance solution be clinically
 required, a new sterile bag must be used after each solution used.
- For use with sheaths a non-sterile device and the minimum use of the drainage bag is one week.
- Sample ports it is recommended that collection of urine samples for CSU is taken using an aseptic procedure via a needle-free port.

Night bags

• **For use with catheters and leg bags** - a 2 litre non-sterile, non-drainable bag connects to the drainable leg bag every night; it is disconnected and disposed of every morning. It is recommended that unless a patient is self-caring, they should use single-use night drainage bags. However, in a residential care setting, single use drainage bags will always be necessary.

Sheaths

 Correct sizing and fitting is essential for effective use. Sheaths will last a maximum of 24 hours and should then be replaced. A retracted penis may need fitting with a pubic pressure system.

Further Information

It is acknowledged that there will be occasions when it is not in the patient's best interest to switch their product to one on the formulary. Patient choice should be maximised where possible.

For further clinical information and support, please refer to policies and guidelines, such as the 'Urinary Catheterisation in Adults' guideline, which is available on the documents library under Peninsula Community Health (PCH).

The Bladder & Bowel Specialist Service is available for advice on 01726 873095 as required.

For information on product ranges, please refer to: www.bladderandbowelfoundation.org; http://www.disabledliving.co.uk/PromoCon/About; or www.continenceproductadvisor.org/

J. Richards To be reviewed May 16